

2 on 2 Rover Small Area Game

Players play 2 on 2 and battle for the puck in front of the net. A separate player behind the net known as rover can skate to either side to set up the offensive team. The team that passes the puck to Rover is on offense. If the other team gains control of the puck, they must pass the puck to the Rover and they are now on offense.

Works on: offensive and defensive play around the net. Quick transitions from offense to defense. Offense players need to quickly get into good ice to find separation from defense. Defense need to box out and good active sticks and take offensive sticks away

