

3 on 3 Support Small Area Game

Place players on the ice in a 3 on 3. One player from each team must stay on the defensive side of the red line. The play becomes 2 on 3 in the offensive zone after transition. The game is played both ways with a constant 2 on 3 developing wherever the puck is. The players determine which of them is the one to stay back and play defense while the other two go into the offensive zone for a scoring chance. D player can jump into play if teammate covers his spot.

Works on: 2 on 3 forces players to battle through checks to score. Play in situations where you do not have a numerical advantage. Play in nz or oz cross ice.

