

Designated Shooter Small Area Game

2v2 with 2 shooters each side. Must pass to one of the two shooters. Shooters must make one d to d pass. One timer or two touch shooting required.

Concepts: Defensively box out in front of net and control offensive player's stick. Offensively, beat defender to net and gain good position.

Works on: shooting skills, offensive & defensive play at the net.

Shooters think about different plays: Shoot to score, create a rebound or shot pass off net for redirect.

